

For more information, please contact us or visit our website at:

SeniorsNL

Mailing address: 243 Topsail Road, Suite 110

St. John's, NL A1E 0G5

Our physical location is in Babb Manor (Saint Luke's Home complex), 24 Road Deluxe, St. John's
709-737-2333 or toll free 1-800-563-5599

email: info@seniorsnl.ca

www.seniorsnl.ca

Facebook and Twitter: SeniorsNL

***When you need us,
we are here to help.***

Proud Supporter of this
This Caregiver Information Series



Petro-Canada
CareMakers
Foundation™



Caregiver Information Series

Necessary Legal Documents

2023

Everyone of legal age should have a Power of Attorney, an Enduring Power of Attorney, an Advance Health Care Directive. **These documents protect your wishes and finances while you are alive.** As a family, it is important that the person you are caring for has these documents.

Powers of Attorney

A Power of Attorney is a written document that allows an individual to name a person to make certain financial decisions for them. This can be about money, assets, debts and property. The Power of Attorney can be for a specific purpose, or it can be very general. The Power of Attorney is no longer valid if the care receiver can no longer make decisions for themselves. This is where an enduring power of attorney is needed.

Enduring Power of Attorney

This can be completed by individuals who want to name someone to make decisions on their behalf in the event, they are no longer able to make decisions about their financial affairs.

Advance Health Care Directive

An Advance Health Care Directive is a legal document that allows people to show what they want and do not want in their medical care. The Directive can also state who the person would like to make health-care

decisions for them should they no longer be able to do so themselves.

The Advance Health Care Directive only comes into effect when:

- the individual does not have the capacity to make his/her own health-care decisions, or
- the individual is incapable of communicating these decisions

The Public Legal Information Association of Newfoundland Labrador (PLIAN) will answer your questions about legal documents. This not-for-profit organization can be contacted at:

- 888-660-7788,
- 1-709-722-2643
- Email: info@publiclegalinfo.com

Please visit the following guides from PLIAN for more information: <https://publiclegalinfo.com/wills-estates/>

Legal Planning Guide for Newfoundland and Labrador

Changes and Choices: Information for Seniors Living in Newfoundland and Labrador

They also offer a lawyer referral service that, for a small fee, you can consult with a lawyer for any matter,